

Kangaroo Welcome Letter

What to Bring:

- Two complete changes of clothing. This includes onesies and socks.
- A spare pacifier
- Bottle
- Full bag of diapers. You will be notified, by note, when the supply is low.
- Wipes – unscented. Please bring in at the beginning of each month.
- Sleep sack or wearable blanket

Napping:

Infants must sleep on a FIRM SURFACE with tightly fitted sheet. Pillows, quilts, and comforters should never be in the infant's sleep environment.

Wedges /Position Devices/Bumper Pads: These devices cause suffocation and not approved in infant's crib.

Swaddling: Swaddling is prohibited.

Pacifiers: Pacifier use at nap time promotes a protective effect against SIDS.

Overheating and Ventilation: Babies should be dressed in sleep clothing, such as a wearable blanket designed to keep him or her warm without the need for loose blankets in the sleep area. The nap room will be well ventilated with good air flow around all cribs. Please bring in a wearable blanket in cooler weather.

Creative Beginnings will provide all children with their own crib or cot and sheets. We will wash bedding and cribs/cots weekly.

Eating: Until they are able to eat Creative Beginnings' lunch and snack, parents should supply us with bottles, formula or breast milk, water, baby food. All food must be opened and used the same day. The opened containers of food will be sent home or discarded at the end of each day. A refrigerator is available in the room. Bottles will be warmed in hot water, and infants will be held for each bottle feeding until they are developmentally able and insistent upon feeding themselves.

Daily records of the amounts and kinds of liquids and solid foods consumed by each infant will be maintained. These records will be dated and kept on file for four weeks and will be available to the parents.

All infant foods must be labeled with the infant's name and date.

Nipples on bottles must be capped.

Reusable bottles and nipples will be returned to parents daily.

Moms are welcome to come by and nurse their babies at any time. Parents are welcome to visit at any time.

Outside Play: We have strollers so that infants and toddlers can be taken outside. We will go out several times each day unless weather is extreme. Our playground is shared with the two-year-old children.

Schedule: One staff member will be assigned primary responsibility for your infant. A written, individualized schedule for your child, which addresses sleeping, eating, and activities, must be filled out by the parent and modified every three months. Infants will be in cribs only for sleeping.

Fire Drills: The staff will practice emergency evacuation procedures each month. Your child will be placed in an evacuation crib with two other infants and taken down the ramp and outside.

We look forward to having your child join us. If you have other questions, feel free to ask anytime.

9/14/20